

Meal Guide

Thank you for volunteering to provide a meal for our group of orphans at BridgeStone. This is one of the best ways to serve the children as well as build relationships. Not only are you providing physical nourishment, but spiritual as well. To ensure that everyone has a pleasant experience, please read through the suggestions below. We encourage you and your family to stay and join us during meal time. We are confident that you will be richly blessed by your investment.

We want the children to try some new foods while they are here. However, giving them things they are not accustomed to will shock their system. As we want the best experience for everyone, please limit drinks to natural juices, lemonade or water; limit dessert to fruits. Please, avoid soft drinks, sweet tea, gum or candy, cakes and items with sugar and high fructose corn syrup, spicy food, peanut products (there are residents with life-threatening allergies to peanuts)

What foods do the children enjoy?

Clear broth soups, potatoes, corn on the cob, cut vegetables, fruit, chicken, meat, pasta, rice, bakery style bread, cabbage and salad.

Is there anything I should avoid? Are there foods that the children do not prefer?

Our children prefer foods that do not contain mixed ingredients, like casseroles. However, the groups differ from time to time. Hot dogs, pizza, and hamburgers are ok on occasion, but ideally reserved for special occasions.

May I bring a special treat for the children?

Our children enjoy dessert like most American children; however, their bodies are not accustomed to rich, sugary foods. If you would like to "treat" the children, please ask permission before purchasing, preparing or serving. You can be sure that the children will receive many "treats" during their stay at BridgeStone!

How many children and adults should I plan for?

Plan to prepare a meal for at least 35 people. This number includes children, Bridges of Faith staff, and our Ukrainian visitors.

Do I need to bring plates, bowls, and serving utensils?

Please bring enough plates, plastic ware, cups, napkins, etc. for the meal.

Where should I bring the meal? When should I arrive?

BridgeStone is located off exit 200 (Verbena). Our address is 302 County Road 383, Billingsley, AL 36006.

- From I-65 N, turn right onto County Road 59. Go 8 miles to the stop sign and turn left onto Country Road 24. BridgeStone will be approx. 4 miles on your right.
- From I-65 S, turn left onto County Road 59. Go 8 miles to the stop sign and turn left onto Country Road 24. BridgeStone will be approx. 4 miles on your right.

If you are serving lunch, please arrive by 11:30 AM. If you are serving dinner, please arrive by 5:30. If for some reason you need to make other arrangements, please let us know. Otherwise, it is very important that you arrive at the appropriate time. When you arrive, drive through the gate and park in front of the first building on the left. Enter through the Dining Hall doors. Please, make sure you sign in at the front office.

